



yogasynergy

VOICE IN YOGA

with Carmella Baynie at **yogasynergy**

Join us for a night of Bhakti Yoga

Friday 26th June, 7 - 8:30 pm

Everyone welcome!

Voice in Yoga is a dynamic meditation on the discovery of the natural voice in union with mind, body and spirit. This unique approach offers a melding of ancient yogic traditions with contemporary holistic sound healing, deep meditation and exploration of eastern and western vocal techniques.

Carmella brings this wonderful gift of traditional kirtan music in Hindi, Sanskrit and Bengali to enable all to share in the potency of Bhakti Yoga.

Chai & snacks will be available
Bring your friends and family

Location: YogaSynergy Bondi, Room 2
(enter via Donald Place, corner of Bronte Road and Birrell Streets)

Donations:

All proceeds go to the School of St Jude in Tanzania, set up by, a courageous Australian woman, Gemma Sisia, who is helping African children to fight poverty through education.

For more information: <http://www.schoolofstjude.co.tz>

We look forward to seeing you there!
Namaste

www.yogasynergy.com